

## Course Outline and Details

<b>Course Code</b>	14003Y25	<b>Title:</b>	Health and Care L1
<b>Time and duration</b>		<b>Location</b>	
Start Date:	30 September 2025	Grays Area	
Start Time: 12:30	End Time: 15:00	Grays Area	
Start Day:	Tuesday		
No. of Lessons:	16	Grays	
No. of Weeks:	16	Essex	
Total No. of Hours:	40.00	RM17 5DD	E: tacc@thurrock.gov.uk

## Description

This course will help you improve on the skills and qualities necessary for your career, while also expanding your understanding of health and social care.

## What will I learn?

This course helps you to develop a basic knowledge of the adult social care sector.

It covers the types of job roles and services within it, the role of communication and the importance of valuing the individuals being cared for.

This course is suitable for anyone who is thinking about a career in adult social care.

## Entry Requirements

A skills scan is required

## What do I need to bring?

Your tutor will let you know at the first session what you will need to provide for the course. We advise you not to purchase anything before your first lesson as we are unable to refund the cost of these in the event of a course is cancelled.

You will need to bring the following to each session:

- Pen, pencil, ruler
- Note paper/pad
- Folder for handouts and notes

### **What support is available?**

You can arrange to see an information, advice, and guidance (IAG) advisor for career guidance and support.

The Discretionary Learning Support Fund (DLSF) can be used to help with travel costs and other expenses, our Learner Experience Team can support you with your application.

If you require any additional support or have any special requirements that you have not already told us about, please inform us as soon as possible by emailing: [TACC@thurrock.gov.uk](mailto:TACC@thurrock.gov.uk) a member of our Learning Support team will contact you to talk about these confidentially.

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

### **What is expected from me?**

You will be expected to attend all your lessons and to arrive on time.

### **Key dates**

Courses run mainly from September to February or February to July.  
No sessions will take place during college holidays.

### **Additional information**

If any part of this course is online; access to a computer or laptop which uses Google Classroom, would be essential. Learners may have the option to loan a Chromebook for the duration of the course, please discuss this with your tutor at the start of your course.

### **What can I do next?**

Health and Adult Social care Level 2.